



Secondary Academic 7-12 Endorsement in Physical Education

NAC 391.13048

To receive an endorsement to teach secondary (7-12) physical education, a person must:

1. Complete the following required testing (or equivalent testing administered in another state):

- Praxis Core Academic Skills for Educators
- Praxis Content Area Test

Please [visit the Praxis testing website](#) for further testing information.

2. Meet the Secondary Academic requirements

3. **For the comprehensive major:**

Thirty-six (36) semester credits required for a major in physical education must include course work in each of the following areas:

- A. Anatomical kinesiology or mechanical kinesiology, or both
- B. The physiology of exercise
- C. Testing and measurement of skills and ability in physical education
- D. The psychological or social aspects of physical education
- E. Methods and techniques of teaching sports for teams
- F. Adapted physical education
- G. Methods and techniques of teaching physical fitness
- H. Methods and techniques of teaching rhythm and dance
- I. Motor learning
- J. Methods and techniques of teaching individual sports and sports that can be participated in at any stage of life
- K. Methods of teaching secondary physical education
- L. Advanced first aid or an equivalent course of study

4. **For the comprehensive minor:**

Twenty- four (24) semester credits required for a minor in physical education must include course work in each of the following areas:

- A. Anatomical kinesiology or mechanical kinesiology, or both
- B. The physiology of exercise
- C. Methods and techniques of teaching physical fitness
- D. Methods and techniques of teaching individual sports and sports that can be participated in at any stage of life
- E. Methods and techniques of teaching sports for teams
- F. Motor learning

Note: A one (1) semester credit hour activity course in dance, weight training or a sport such as basketball, baseball, track or tennis is not acceptable in meeting the requirements for a comprehensive minor in physical education.